



**Christian
Counseling**
PROGRAM



QUEST

ACADEMY

**BRIDGING
CULTURES**

ARE YOU SEEKING AN ACADEMICALLY ENRICHED
SPIRITUAL EDUCATION?

Our Partners:

ECTE Associate Member



Menate Associate Member



Map Full membership



Global Connection Full membership



SIM Daughter Ministry



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Vision and Mission Statement

Our Vision: To reach and disciple people globally by equipping and mobilizing diaspora communities, local churches, and mission workers for effective cross-cultural ministry.

Our Mission: to equip and mobilize diaspora communities, local churches, and mission workers globally through dynamic online academic programs, outreach initiatives, youth ministries, and church training. We aim to develop servant leaders who effectively evangelize and disciple across cultures through multi-ethnic, multi-disciplinary learning experiences in both formal and informal settings.

About QAI Program

Christian Counseling Program:

The Christian Counseling program is structured on three progressive levels:

Certificate Level: 60 ECTS credits

Diploma Level: 120 ECTS credits

Bachelor's Degree Level: 180 ECTS credits

This program is designed to support believers from diverse backgrounds, Christians originating from the Middle East, and missionaries from the West. Each program provides the necessary tools and educational opportunities for effective service in Europe and beyond.

Instructors include Christian leaders and experienced missionaries who have dedicated decades to service in Africa and the Middle East. These educators have meticulously developed courses to equip Christian leaders in Europe and the West with the knowledge, wisdom, skills, and mindset required to engage with individuals from diverse backgrounds in a fresh, well-informed, empathetic, and meaningful manner. The aim is to represent the Kingdom of God strategically in a more contextual, constructive, and fruitful way.

This program enhances intercultural competencies among church and ministry leaders, empowering them to facilitate their congregations' growth in intercultural awareness and effective evangelism.

Participants will gain biblical knowledge, practical skills, personal readiness, and missiological perspectives for cross-cultural ministry and global missions.

The program is structured to:

- Offer insights into diverse worldviews.
- Address the necessity and opportunity for cross-cultural engagement.
- Cultivate a deep understanding of different faiths and practices.
- Equip Christian leaders to articulate their faith effectively.
- Highlight testimonies of believers engaging with diverse backgrounds.
- Provide avenues for practical application of acquired knowledge.

Who is it for?

If you have a passion for sharing Christ's truth, light, and love across cultures and worldviews, this program is for you. It is designed for European and Western pastors, leaders, and evangelists who are committed to ministering to Arabic and Persian-speaking Muslim communities.

Program Languages:

The Christian Counseling Studies program is offered in:

- Arabic
- Persian

European Credit Transfer System

- QAI adheres to the European Union's Credit Transfer and Accumulation System (ECTS), established to implement standardized procedures ensuring the academic acknowledgment of studies completed abroad. This system facilitates the assessment and comparison of studies, as well as the seamless transfer of credits between different educational institutions.

ECTS Credits Convert to Study Hours

ECTS credits are values assigned to course units to represent the student workload required to complete them. They reflect the amount of work each course demands relative to the workload of a full academic year at the institution, encompassing lectures, practical work, seminars, private study (in the library or at home), and examinations or other assessment activities.

In the ECTS framework, 60 credits correspond to the workload of one academic year. One ECTS credit is equivalent to 25 to 30 working hours. The distribution of working hours per credit is approximately as follows:

Learning hours	40%	12 hours
Tutorials	4%	1 hour
Work in Groups/Practical Work/Forums	17%	4.5 hours
Self-study (at home/library)	32%	8 hours

Assessment (Tests, Written exams, etc)

7%

1.5 hours

Program Duration

Program Duration:

Full-time study:

- Certificate: 1 year
- Diploma: 2 years
- Bachelor's: 3 years

Part-time study:

- Certificate: 2 years
- Diploma: 3-4 years
- Bachelor's: 5-6 years

Entry Points:

- January – April (First Semester)
- April – July (Third Semester)
- September – December (Fourth Semester)
- *New students cannot enroll in the second year due to prerequisites.*

Program Elements

Christian Counseling Certificate Components (Total: 60 ECTS credits)

The certificate consists of 9 core courses. Five of these are core essentials focusing primarily on Biblical studies, and four are concentrated courses focusing on Christian counseling and its application. In addition to the 9 core courses, students are required to complete an introductory course, 18 ECTS credits of elective courses, and 13 ECTS credits for non-formal components such as practical ministry, training, conferences, community service, and language.

Diploma in Christian Counseling (Total: 120 ECTS credits)

The diploma level builds upon the foundational certificate by introducing more advanced coursework and practical applications. It consists of 11 core courses (33 ECTS), focusing on deeper theological concepts, psychology, crisis counseling, and research methods. Students are also required to complete 15 ECTS credits of elective courses, covering topics such as family counseling, psychological disorders, and leadership integration. Additionally, a 12-credit research project, case study, or thesis is required, enabling students to demonstrate independent research skills and apply their learning in real-world counseling scenarios.

Bachelor's Degree in Christian Counseling (Total: 180 ECTS credits)

The bachelor's degree level represents the highest academic achievement in the program. It includes 12 advanced core courses (36 ECTS), covering crisis counseling, therapeutic techniques, addiction counseling, and psychopathology. Students are required to complete 9 ECTS credits of electives, exploring cultural influences on counseling, lifespan counseling, and mental health law. A significant portion of this program (15 ECTS) is dedicated to practical ministry and internship experiences, allowing students to gain hands-on experience under the supervision of ministry partners. The program culminates in advanced counseling practicums and research projects, equipping students to become highly skilled, knowledgeable, and ethically grounded Christian counselors.

Christian Counseling Certificate Certificate Components

	Total 60 Credits	Certificate in Christian Counseling
Introductory Course	2 credits	Introductory Course
Core courses 30 Credits (10 courses)		<ul style="list-style-type: none"> • Bible Survey "OT" • Bible Survey "NT" • Intro. to biblical hermeneutics • Pastoral Care Principles • Trauma Healing • Christian Counselling Foundation part 1 • Christian Counselling Foundation part 2 • Spiritual Formation • Christian Ethics • Physiological and spiritual maturity level 1
Electives	15 credits 5 courses	<ul style="list-style-type: none"> • Church History • Building A Holy Family: Biblical Marriage • Building A Holy Family: Parenting and Raising Children • Successful character • Coaching Ethics

		<ul style="list-style-type: none"> • Mentoring • Women in the bible • Men in the bible • The book of Genesis • The book of Revelation • Biblical principles • Spiritual Life Coaching & Spiritual Healing • Jesus And Culture • Leadership And Conflict Resolution • Christian Faith and Persecution • False theological trends
Theological reflection (non-formal components)	13 credits	<p>Examples:</p> <ul style="list-style-type: none"> • Trauma healing journey. • Reflection on ministry or Study extra elective courses.

Total 120 Credits		Diploma in Christian Counselling
Core courses 33 Credits (11 courses)		<ol style="list-style-type: none"> 1. Counselling and Discipleship 2. Ethics in Christian Counselling 3. Theology of suffering and healing part 1 4. Theology of suffering and healing part 2 5. Intro to psychology Part 1 6. Intro to psychology Part 2 7. Communication skills for counsellors 8. Crisis Counselling 1 9. Multicultural counselling from Christian perspective. 10. Psychological and spiritual maturity level 2 11. Research Methods in Counselling
Electives	15 credits 5 courses	<ul style="list-style-type: none"> • Family counselling : BMB marriage • Family counselling BMB parenting counselling • Pastoral Leadership and Counselling Integration • Christian Counselling theory and practice • Psychological disorders and Christian Counselling • Group therapy in Christian Context • The purpose of life in Christian Perspective • Counselling Techniques: Practical Skills Level 1 • Human Development and Christian Counselling level 1 • Calling, Spiritual Gifts, and Self-Management • The Maturation of the Servant in a Multicultural Context
Research project	12 Credits	<ul style="list-style-type: none"> • Students will complete a research project, case study, or written thesis focused on a specific area of counselling interest, demonstrating their ability to conduct independent research and apply their learning.

		Total 180Credits	Bachelor in Christian Counselling
Core courses 36 Credits (12 courses)			<ol style="list-style-type: none"> 1. Crisis Counselling 2: counselling for grief and loss 2. Christian Counselling theory and practice 3. Psychological disorders and Christian Counselling 4. Counselling Techniques: Practical Skills Level 2 5. Therapeutic Techniques in Counselling: Cognitive-behavioural therapy (CBT) & Solution-focused therapy (SFT) 6. Therapeutic Techniques in Counselling: Narrative therapy& Behavioural interventions 7. Group therapy in Christian Context 8. Addiction counselling level 1 9. Counselling for families and couples level 1 10. Practicum I: Clinical Counselling Skills 11. Practicum II: Advanced Counselling Skills 12. Psychopathology
Electives	9 credits (3 courses)		<ul style="list-style-type: none"> • The impact of culture on counselling practice • Addiction counselling level 2 • Counselling for families and couples level 2 • Mental Health Law and Policy • Counselling Across the Lifespan: children, adolescents, and older adults • Human Development and Christian Counselling level 2
Practical ministry	15 credits		<p>Examples :</p> <ul style="list-style-type: none"> • Internship with a ministry partner under their supervision • The intern should provide an evaluation letter from the ministry supervisor. • QUEST can offer opportunities for internships.

How to apply

To apply, please transmit the following documentation to registration@qaintl.org

- **Application form:** Please fill in the application [form](#)
- **Quest Academy Commitment Form:** Please read the Quest Academy core doctrines, values, and sign and return the commitment form.
- **Pay application fee:**
- **Certificate fees :** 50 € per course – 2000 €
- **Diploma Fees :** 50 € per course – 4000 €
- **Bachelor Fees :** 75 € per course – 6000 €

Please make a bank transfer, mentioning your name and “QUEST Application” To:

Account type: Business Current
Bank Name: NatWest
Address: Hove, Town Hall, UK

GBP
Account number. 67337759
Sort code: 53-61-02
Or IBAN: GB55NWBK53610267337759
BIC: NWBKGB2L
US\$
Account No. 140/00/63049279
NXNGGVWW-USD00
IBAN: GB62 NWBK 6073 0163 0492 79
Swift/BIC: NWBKGB2L

Euros
Account No. 550/00/63049287
NXNGGVWX-EUR00
IBAN: GB48 NWBK 6072 1363 0492 87
Swift/BIC: NWBKGB2L

- **Motivation & Testimony:** Please provide a brief outline of your personal motivation to study in this program, as well as a description of how you came to faith in Jesus and what your involvement in ministry has looked like in the past 3 years. Max. 2 pages.
- **Church or Ministry Reference:** Please provide the names and contacts of 2 individuals who can provide reference for your spiritual walk and involvement. One of them should be a Church Elder or Leader. None of them should be family members.
- **High School Diploma:** To receive accreditation, please submit a high school diploma.

Contact us:

For More Information: Info@qaintl.org

Registration Office: Registration@qaintl.org

Our Website: www.qaintl.org

Telephone: [+447544008095](tel:+447544008095)

Register in the program and
Start your journey with us!



Vision and Mission Statement

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ECTS Credits to Study Hours Conversion:

- 1 ECTS credit = 25 to 30 working hours.
 - Distribution per credit:
 - Learning hours: **40% (12 hours)**
 - Tutorials: **4% (1 hour)**
 - Group work/practical work/forums: **17% (4.5 hours)**
 - Self-study (home/library): **32% (8 hours)**
 - Assessment (tests, exams, etc.): **7% (1.5 hours)**
-

Program Elements

Christian Counseling Certificate Components (Total: 60 ECTS credits)

- **Introductory Course (2 credits)**
 - **Core Courses (30 credits, 10 courses)**
 - Bible Survey (OT) – 3CR
 - Bible Survey (NT) – 3CR
 - Introduction to Biblical Hermeneutics – 3CR
 - Pastoral Care Principles – 3CR
 - Trauma Healing – 3CR
 - Christian Counseling Foundation Part 1 – 3CR
 - Christian Counseling Foundation Part 2 – 3CR
 - Spiritual Formation – 3CR
 - Christian Ethics – 3CR
 - Psychological and Spiritual Maturity Level 1 – 3CR
 - **Electives (15 credits, 5 courses)**
 - Church History – 3CR
 - Biblical Marriage – 3CR
 - Parenting & Raising Children – 3CR
 - Character Development – 3CR
 - Coaching Ethics – 3CR
 - Additional options: Women in the Bible, Men in the Bible, Genesis, Revelation, Leadership, Conflict Resolution, etc.
 - **Theological Reflection (Non-formal Components, 13 credits)**
 - Trauma Healing Journey – 8CR
 - Reflection on Ministry – 5CR (or extra elective courses)
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Entry Points

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Send the following documents to **registration@qaintl.org**:

- **Application Form** (Complete and submit)
- **Commitment Form** (Sign and return)
- **Application Fee** (Pay via bank transfer with the reference “QUEST Application”)
- **Motivation & Testimony** (Max. 2 pages)
- **References** (2 individuals, one must be a Church Elder/Leader, non-family)
- **High School Diploma** (For accreditation purposes)

Bank Details:

- **GBP:** Account No. 67337759 | Sort Code: 53-61-02 | IBAN: GB55NWBK53610267337759
- **USD:** Account No. 140/00/63049279 | IBAN: GB62 NWBK 6073 0163 0492 79
- **EUR:** Account No. 550/00/63049287 | IBAN: GB48 NWBK 6072 1363 0492 87

Contact Us

- **General Information:** info@qaintl.org
- **Registration Office:** registration@qaintl.org
- **Website:** www.qaintl.org
- **Phone:** +44 7544 008095

Quest Academy International

Ques Academy (UK) – Registered Charity No. 1205054

Quest Academy International (Germany) – Sitz: Leipzig, VR 7763

Start your journey with us!